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The need for Assessment of Health Apps

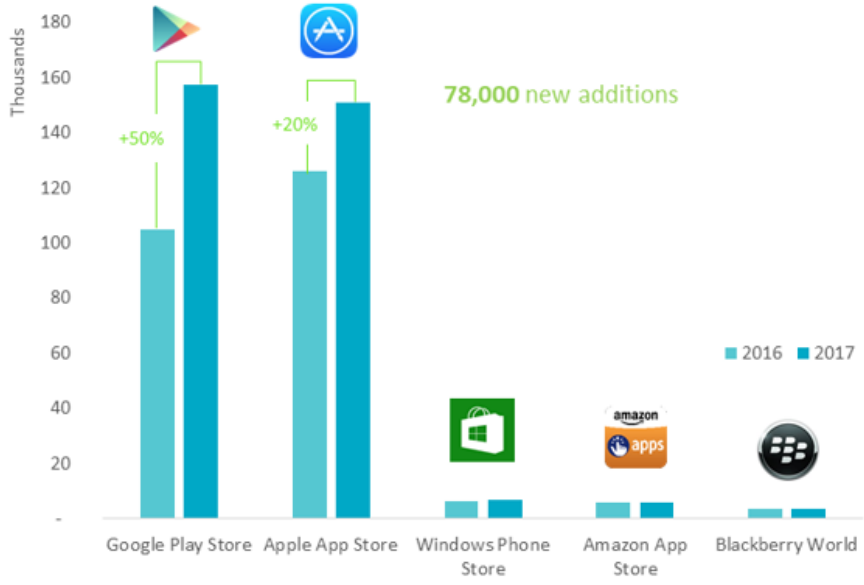
Agenda

1) Health app overload?
2) A guide to health apps
3) Why? -The value of health apps
4) National and international experiences
5) Model of assessment
6) Possible criterias in Denmark?
7) Next steps

Health App Overload?

325,000 mHealth apps available – Google Play Store is now number one for healthcare apps, overtaking Apple App Store

Number of mHealth apps displayed in App Stores



Health App Overload?

- Questionable **quality**
- **Poor control** regarding use (or misuse) of collected health **data**
- **Poor control** regarding **safety** and **accuracy**
- What to choose?

A Guide to Health Apps

*”The **technical, organisational and legal prerequisites** and possibilities must be analysed to establish a comprehensive **guide to e-health apps that can viewed by both users and healthcare professionals.** The analysis must draw on existing lessons learnt in Denmark and abroad.”*

Why?

Prevention

Treatment

Mental health

Complience

Motivation

Self-management

Value off health apps

National and International Experiences

Mindapps
Danmark

NHS Apps Library
England

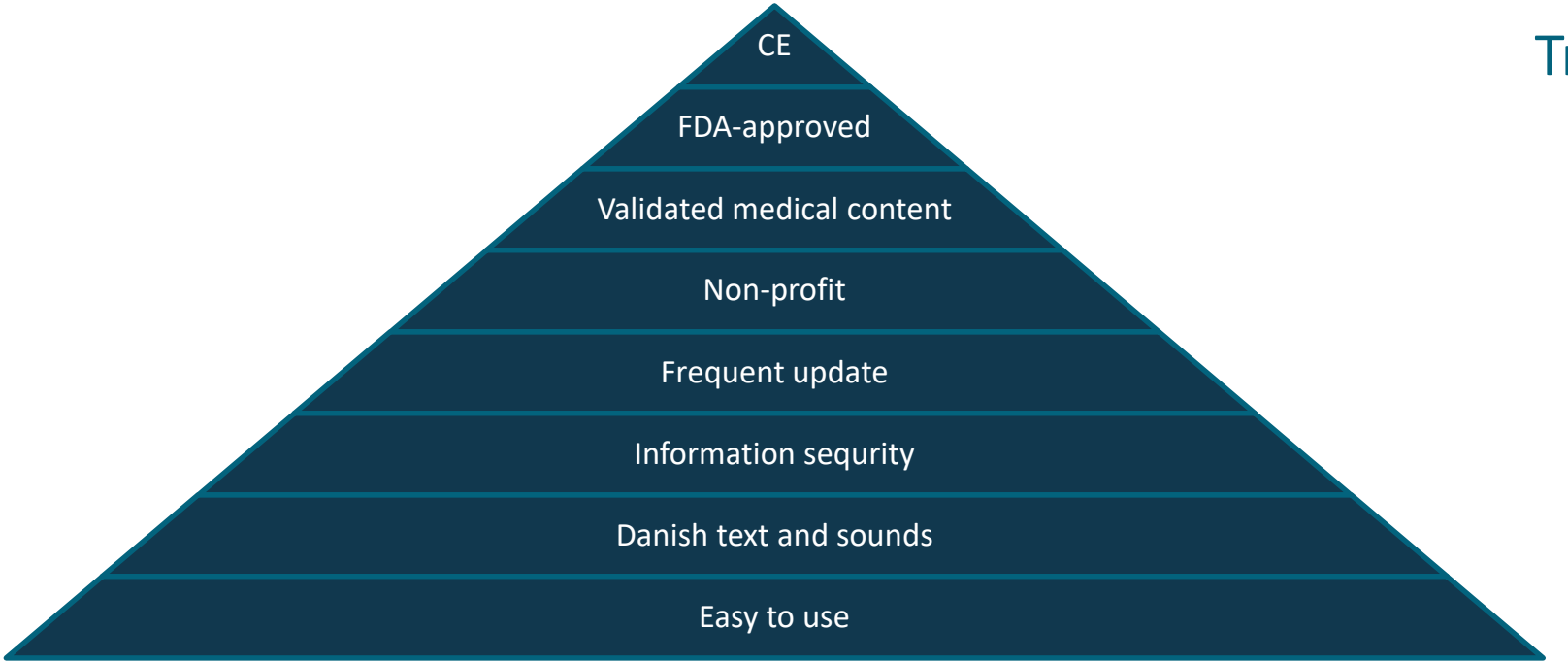
AppSalut
Spanien

Model of Assessment

Health **apps** can give **valuable insigths** in the **treatment** and **monitoring** of numerous diseases

but if a health care **professsional** and patients are to **recommend** and rely on a health app - we need to be **certain** that it is **safe**, **reliable** and **easy** to use

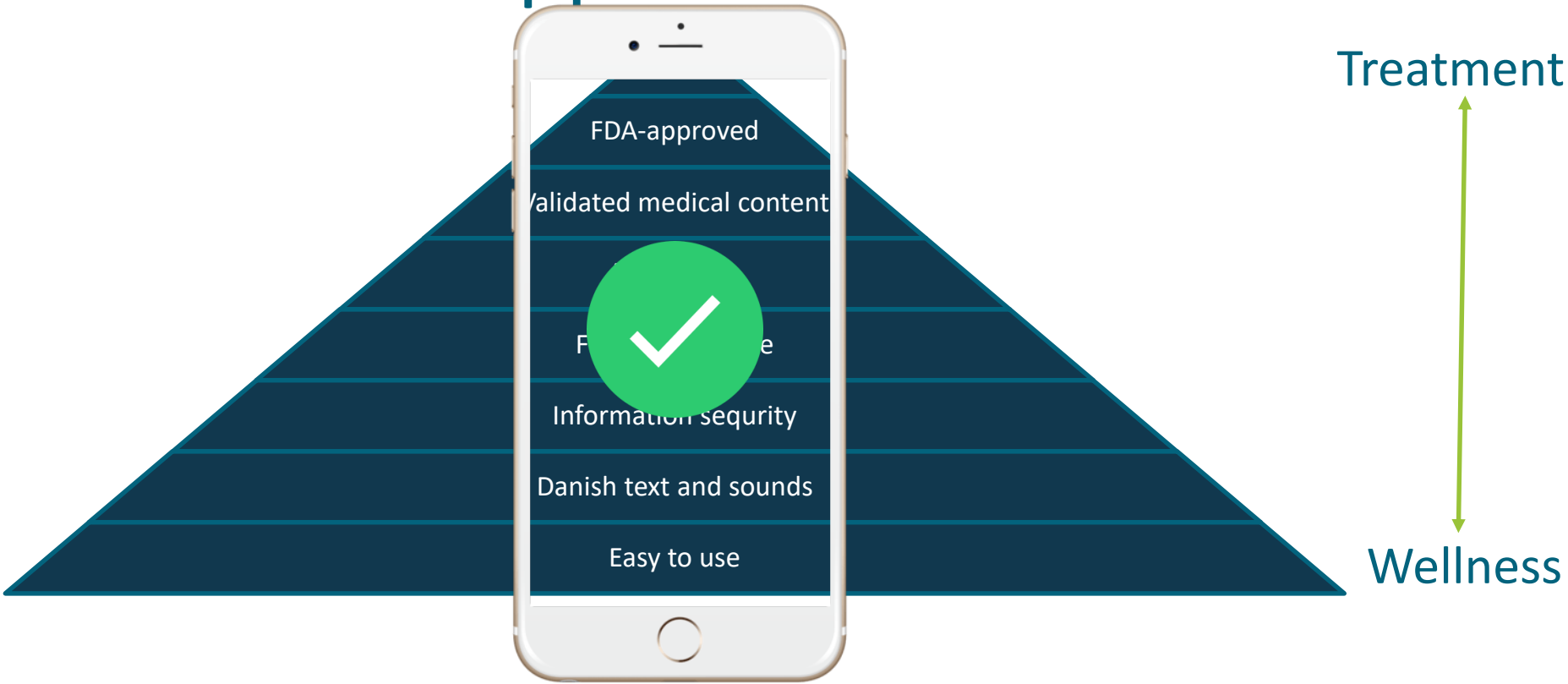
Possible Criterias in Denmark?



Treatment

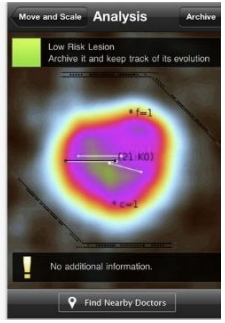
Wellness

Not an easy task – maybe there is an app for this?



There’s an app for everything!

Wellness — Self-management — Diagnosis/Treatment — Rehabilitation



”My Health”: There is *one* app for that!

”My Health”: There is *one* app for that!

- Video consultations
- Overview on my appointments
- Overview on my health data
- And much more…