

Title: The need for assessment of health apps for Danish patients

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We increasingly measure, weigh and track our own health – and there are literally more than 100.000 health apps to choose from. So what to choose? In Danish Regions, we see a great potential in using health apps – both for patients and, in a prevention perspective, for citizens who have yet to become patients. But if health apps should add value in treatment and prevention, we need to be able to rely on the quality of these apps. Therefore we need a model of assessment of health apps.